

Greater Peterborough’s Vital Signs® 2015

Text Only and Data Source Document

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Belonging and Inclusion

‘Community’ means different things to each of us; whether it’s our families and neighbourhoods, our public spaces or social groups that make up our communities, we all want to feel like we belong. That sense of belonging, of being a part of something larger than ourselves, comes from being welcomed, connected to and engaged in our communities.

A vital community is one where everyone has opportunities to feel like they belong. A sense of belonging strengthens our community: it makes us healthier, happier and more resilient. When we feel like we belong, we’re more likely to take on responsibility, participate in problem solving and build social networks. A sense of belonging can even strengthen our economy.

Being marginalized or excluded can result in some members of the community feeling less welcome and having fewer opportunities to participate. Inclusion is the process of addressing marginalization by reducing barriers to community engagement, so that everyone can share a sense of belonging in our community. Inclusion is a complex and evolving process that requires action from all sectors of society.

In Greater Peterborough, there are many individuals and organizations committed to building inclusion in our community. For more information on these actions, and how you can get involved, visit www.cfgp.ca/vitalsigns.

About Vital Signs®

Vital Signs® is a snapshot of our community that measures the vitality of Greater Peterborough, identifies needs, strengths and trends, and supports action on issues that are critical to our quality of life. For more information on data sources and to see past years' Vital Signs® reports, visit www.cfgp.ca/vitalsigns.

Sense of Belonging

Proportion of the population (aged 12 and older) reporting a strong or somewhat strong sense of community belonging in 2014:

- Greater Peterborough 66.2%
- Ontario 68.2%
- Canada 66.4%

Greater Peterborough's sense of belonging has decreased 9.8% since 2003.

Source: As per CFC, Statistics Canada, CANSIM Table 105-0501, based on Canadian Community Health Survey 2014

Age

Proportion of the population reporting a strong or somewhat strong sense of community belonging in 2014 by age:

- 12-19 year olds 69%
- 20-34 year olds 50%
- 35-44 year olds 52.9%
- 45-64 year olds 69.4%
- 65 years and older 80.4%

Source: Statistics Canada, CANSIM Table 105-0501, based on Canadian Community Health Survey 2014

In a 2015 survey conducted by the Peterborough Council on Aging in Greater Peterborough, 56% of respondents indicated that they were concerned about respect and social inclusion as they age.

Source: Age Friendly Peterborough Survey 2015

<http://peterboroughcouncilonaging.ca/>

Income

75.1% of people from higher income households reported a strong or somewhat strong sense of community belonging in 2011/2012, compared to 61.1% of people from lower income households.

Source: As per Peterborough County City Health Unit, Canadian Community Health Survey 2011/2012, Statistics Canada, Share File, MOHLTC

Transportation

The yearly cost of owning and operating a vehicle: \$10, 452

People who earn less than the median employment income are ten times more likely to ride transit to work than those who earn more. People who use public transit have limited access to transportation on holidays, with few options for getting around in the County of Peterborough.

Source: 2014 Peterborough City and County Active Transportation and Health Indicators Report

http://www.pcchu.ca/wp-content/uploads/2011/09/AT_Health_Indicators_Report-FINAL-web.pdf

Gender

Proportion of Transgender people living in Ontario who reported avoiding public spaces because of a fear of harassment in 2014: 67%

Source: Scheim A, Bauer G, Pyne J. Avoidance of Public Spaces by Trans Ontarians: The Impact of Transphobia on Daily Life. Trans PULSE e-Bulletin, 16 January, 2014. 4(1).

<http://transpulseproject.ca/research/avoidance-of-public-spaces-by-trans-ontarians-the-impact-of-transphobia-on-daily-life/>

The number of individuals who participated in the Gender Journeys program in 2014: 180. Gender Journeys is a project of the Canadian Mental Health Association (Haliburton Kawartha Pine Ridge) for people who identify as

transgender or gender diverse, and their loved ones, funded by the Ontario Trillium Foundation.

Source: Canadian Mental Health Association, Haliburton, Kawartha Pine Ridge Annual Report 2014/2015

<http://www.cmhahkpr.ca/wp-content/uploads/2012/11/Annual-Report-2014-2015-Online.pdf>

Ability

Proportion of the population who reported experiencing a limitation to their participation and activity level because of a physical, mental or health condition in 2014: 45%.

Source: Statistics Canada, CANSIM Table 105-0501, based on Canadian Community Health Survey 2014

FYI

Belonging is one of the top three concerns for immigrant integration in Greater Peterborough, along with employment opportunities and affordable housing. 72% of respondents to a 2014 Peterborough Partnership Council on Immigrant Integration survey felt that in the past five years, Greater Peterborough has become a more welcoming and supportive community for Newcomers.

Source: PPCII Community Survey on Building an Inclusive Community 2014

<http://www.ppcii.ca/>

CFGF in Action

Along with local donors and community partners, CFGF is invested in making Greater Peterborough a more inclusive, vital community. With the support of CFGF's 2015 community grants:

- Peterborough Partners for Wellness is developing a local project to strengthen community leadership and civic engagement
- Heads Up for Inclusion is building community awareness of the Amigos program
- The Community Opportunity & Innovation Network is supporting 'ReMaking a Living', a project assisting discouraged workers to gain meaningful work
- Peterborough Poverty Reduction Network is providing recreational programs for children facing economic barriers in downtown Peterborough
- The YES Shelter for Youth and Families is initiating a process to create safe and inclusive spaces for young people, with a special emphasis on LGBTQQ2S youth

Inspiring Giving to build a vital community for everyone.

To find out more about the Community Foundation of Greater Peterborough and how you can contribute to building our vital community, contact CFGF:

- Phone: 705-740-2347
- Email: info@cfgp.ca
- Twitter: @cfgp_
- Facebook: communityfoundationptbo
- Website: www.cfgp.ca
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Acknowledgements

The Community Foundation of Greater Peterborough is grateful to all of the individuals and organizations who contribute to and support Vital Signs®.

- Canadian Mental Health Association, Haliburton, Kawartha, Pine Ridge
- City of Peterborough
- Community Counselling and Resource Centre
- County of Peterborough
- Electric City Culture Council
- Greater Peterborough Chamber of Commerce
- GreenUP
- Merriam and Associates
- New Canadians Centre
- Peterborough Council for Persons with Disabilities
- Peterborough Council on Aging
- Peterborough County-City Health Unit
- Peterborough Economic Development
- Peterborough Partnership Council on Immigrant Integration
- Peterborough Poverty Reduction Network
- Peterborough Social Planning Council
- Sustainable Peterborough
- Trent University
- United Way of Peterborough and District
- YWCA Peterborough Haliburton

Started by the Toronto Foundation in 2001, Vital Signs® is a national program coordinated by Community Foundations of Canada. Today more than 65 communities across Canada and around the world use Vital Signs to mobilize the power of community knowledge for greater local impact.